



# Media Scanning & Verification Cell



Media alert from the Media Scanning & Verification Cell, IDSP-NCDC.

Alert ID	Publication Date	Reporting Date	Place Name	News Source/Publication Language
6844	17.07.2022	18.07.2022	Hyderabad Telangana	<a href="http://www.timesofindia.com/English">www.timesofindia.com/English</a> <a href="https://timesofindia.indiatimes.com/city/hyderabad/after-dengue-scare-now-telangana-battles-with-tomato-flu/articleshowprint/92929175.cms">https://timesofindia.indiatimes.com/city/hyderabad/after-dengue-scare-now-telangana-battles-with-tomato-flu/articleshowprint/92929175.cms</a>
<b>Title:</b>	<b>After dengue scare, now Telangana battles with tomato flu, Hyderabad</b>			
<b>Action By</b> CSU, IDSP -NCDC	Information communicated to DSU- Hyderabad, SSU- Telangana			

Amidst a flurry of diseases like typhoid and dengue, state has been battling with the new viral flu called tomato fever, which is also known as hand, foot and mouth disease. The viral infection, which is highly contagious is prevalent in pre-primary children.

"In the last one week, we have been seeing a rapid increase in cases, especially among children less than 5 years of age. Symptoms may show within 3-6 days of contact with an infected child. Initially, it may start with fever, runny nose and cough which may last one or two days, and then itchy blisters appear on the soles, legs, buttocks, palms and hands. Ulcers appear in the mouth and the child drools a lot because of the pain and discomfort. Symptoms usually last for a week," said paediatrician Dr Shivaranjani Santosh, adding that it is important to keep the child hydrated.

While the disease itself is not dangerous, experts opine that the dehydration that it causes can lead to complications.

**Save Water- Save Life, Save a tree- Don't print unless it's really necessary!**

**Disclaimer:- This is a media alert subject to verification.**

**Integrated Disease Surveillance Programme (IDSP), National Centre for Disease Control,  
Ministry Of Health & Family Welfare, Government of India**

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## ANOTHER CAUSE FOR ALARM



● Tomato Flu is named after the tomato-shaped blisters that appear on the body

**Vulnerable Population:** The flu affects children below the age of five

**Transmission:** Tomato fever is contagious. It can transmit quickly from one person to another

### SYMPTOMS

- Red blisters ● Rashes
- Fever ● Dehydration
- Lethargy ● Nausea
- Coughing ● Sneezing
- Runny nose

The age-old hand foot and mouth disease is a relatively innocuous but a highly contagious disease seen around this time of the year. "There is a 5-7% increase in cases but fortunately they are treatable on outpatient basis except few infants who are requiring admissions. The admissions are largely due to high fever and poor oral intake with dehydration. Although neurological and cardiac complications are known to occur, none of them have been reported yet," said Dr A Samatha Reddy, consultant pediatrician, Apollo Clinics.

The disease is caused by enteroviruses of Picornaviridae family and the disease management is supportive due to the self-limiting nature of the disease. It can spread when the infected child coughs or sneezes onto the other, and when a person handles the infected child's stools, nose secretions, fluid from the blisters. The spread can be prevented by isolating the child till all symptoms subside, suggest experts.

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